



THE CITY OF SAN DIEGO

# Mountain View Community Center

641 S. Boundary St. San Diego, CA 92113 (619) 527-3417  
<http://www.sandiego.gov/park-and-recreation/centers/recctr/mtnview.shtml>

## Fall/Winter Program 2015-2016

Available for public use are meeting rooms, an indoor gymnasium, weight room, teen center, dance room, and kitchen. Exclusive programs offered include aerobic courses, kickboxing lessons, youth flag football, youth basketball, arts and crafts, ceramics, and much more!

Outdoor facilities include a sand lot, lighted multipurpose field, softball diamond, tennis courts and basketball courts. We are also a smoke and alcohol free park!



*Restrictions apply based on availability.*

### Mountain View Community Center Staff:

**Area Manager II:** Gordon Bordson  
**Center Director III:** John E. Gascon  
**Assistant Center Director—**Jorge Mendez  
**Recreation Staff:** Edgar Bañuelos, Megan Dagley, Frank McBride, Gilberto Medina, Maggie Parrales, Terry Patton, Jacqueline Smith, Wayne Williams  
**Grounds Maintenance:** Theresa Randle, Sean Wangler

### Current Hours of Operation

**Monday/lunes:** 12:00-8:00pm  
**Tuesday/martes:** 12:00-8:00pm  
**Wednesday/miércoles:** 12:00-8:00pm  
**Thursday/jueves:** 12:00-8:00pm  
**Friday/viernes:** 12:00-7:00pm  
**Saturday/sabado:** 9:00am-4:00pm  
**Sunday/domingo:** 11:00am-3:00pm

*\*All times subject to change on short notice*

### Hours of Operation \*effective 10/3)

**Monday/lunes:** 12:00-9:00pm  
**Tuesday/martes:** 12:00-9:00pm  
**Wednesday/miércoles:** 12:00-9:00pm  
**Thursday/jueves:** 12:00-9:00pm  
**Friday/viernes:** 12:00-8:00pm  
**Saturday/sabado:** 9:00am-5:00pm  
**Sunday/domingo:** 9:00am-5:00pm

*\*All times subject to change on short notice*

## SPECIAL EVENT! - HALLOWEEN CARNIVAL



**Wednesday, October 28, 2015 4:00-7:00pm**

Come out and join us for our annual Halloween carnival! Join in the costume contest, play games, win prizes, eat food and enjoy live performances on our stage! Have a great time with friends and family!



AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS, & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER AT (619) 236-7342) OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST. PRINTED ON RECYCLED PAPER.

# Youth Programs/Actividades Juveniles

## CERAMICS (#19352)

Ceramics class teaches basic casting, cleaning and painting. Do not miss out on this week's project!

**Day:** Wednesday 3:00pm – 7:00pm

**Ages:** 6-17 years old

**Cost:** FREE

**Instructor:** Maggie



## CERAMICA (#19352)

Esta clase te enseñara las tecnicas basicas de vacitar, limpiar y pintar.

**Dias:** miércoles, 3:00pm - 7:00pm

**Edades:** 6-17 años

**Costo:** GRATIS

**Instructora:** Maggie



## ARTS AND CRAFTS (#19345)

Have your child explore their creative side with fun, exciting, and sometimes messy craft projects! Come join us and learn to make slime, pinch pots, tissue paper flowers and much more!

**When:** Friday 3:00pm – 6:30pm

**Ages:** 6-17 years old

**Cost:** FREE

**Instructor:** Maggie



## ARTENSIAS (#19345)

Esta clase les enseñara las técnicas básicas de artensias usando crayolas, pinturas y una variedad de articulos.

**Dias:** viernes, 3:00pm -7:00pm

**Edades:** 6-17 años

**Costo:** GRATIS

**Instructora:** Maggie



## Performance DANCE / BAILE

Come and have fun with dance instructor Megan and learn new dance moves incorporated into dance routines. Venga y diviértase con la instructora de baile Megan y aprenda nuevos pasos de baile incorporados en rutinas de baile.

**When:** Monday/lunes 5:30pm -6:30pm

**Ages:** 6-12 years/años

**Cost:** FREE/GRATIS

**Instructor:** Megan

**August 3-August 31** (#19349)

**September 14-September 28** (#19350)

**October 5-October 26** (#19353)

**November 2-November 30** (#19354)

**December 7—December 28** (#19355)



# Youth Programs/Actividades Juveniles

## POLYNESIAN DANCE (#19347)

Authentic Polynesian Dance. Learn the basic steps and movement with director and choreographer Kiki Sotoa Solia. No experience necessary!

**Days:** Monday 6:30pm -7:45pm  
Thursday 5:00pm -7:00pm  
**Ages:** 5-17 years  
**Cost:** FREE



## BAILE POLINESIO (#19437)

Baile polinesio auténtico. Aprenda los pasos básicos y movimiento con la directora y coreógrafa Kiki Sotoa Solia. ¡Ninguna experiencia necesaria!

**Dias:** miércoles 6:30pm -7:45pm  
jueves 5:00pm - 7:00pm  
**Edades:** 5-17 años  
**Costo:** GRATIS



# Youth Sports/Deportes

## FLAG FOOTBALL/FUTBOL DE AMERICANO DE BANDERAS (19341, 19342, 19343, 19344)

This league is for all skill levels. Teams will play other recreation centers in the area and have a chance to qualify for the city-wide tournament in December. Esta liga es para todos los niveles. Los equipos que jugarán otros centros de recreación en la zona y tienen la oportunidad de calificar para el torneo de la ciudad en el mes de diciembre.

**Season:** September -December 2015

**Divisions/Divisiones:** 10u, 12u, 14u, 16u

**Cost/Costo:** \$10.00

Includes awards and banquet.

Incluye edulla y banquete.



Both boys and girls can play!

## FUTSAL LEAGUE

This league is for all skill levels. Teams will play other recreation teams formed in house. All games will be indoor at Mt. View Community Center. Call for more information! 619-527-3417

**Season:** October 2015-December 2015

**Division—14-17 years old**

**Cost/Costo:** \$20.00/ team



# Teen-Aged Activities

## TEEN CENTER/CENTRO PARA ADOLECENTES

Come join staff and other teens enjoy a variety of games and activities; sports, movies, field trips, games, computers and more! This is a good place to have fun and meet other teens in your community. **Monday-Friday 3:00-7:00pm**

*Los adolescentes pueden disfrutar una variedad de juegos deportes, películas, computadoras, paseos, y mas. Es un buen lugar para divertirse y conocer otros jóvenes de la comunidad. Lunes-viernes 3:00-7:00pm*

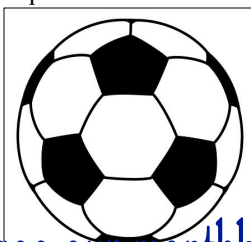
### Soccer (indoor)

**Days/dias:** Wednesday/miércoles 3:30 pm

**Ages/Edades:** 13-17 years old

**Cost/Costo:** FREE/GRATIS

**Instructor/Instructora:** Gilberto



### Futsal (indoor)

**Days/dias:** Wednesday/miércoles 3:30 pm

**Ages/Edades:** 13-17 años

**Cost/Costo:** FREE/GRATIS

**Instructor/Instructora:** Gilberto



Come to the center to see our monthly teen calendar of events!

# Adult Programs/Actividades de Adultos

## WEIGHT ROOM/SALA DE PESA

Our weight room consists of free weights and cardio vascular exercise machines. It is open during our normal building hours of operation (see front page) Nuestra sala de pesas consta de pesas libres y máquinas de ejercicio cardiovascular. Está abierto durante las horas de nuestro edificio normal de operación (ver portada)

Payment is to me made on a monthly basis. El pago es efectuado en una base mensual

**Ages/Edades:** 15 and older. 15 o mayor

**Cost/Costo:** \$10.00/mo; \$5.00 2weeks



## High School Volleyball League

Tired of sitting on the sidelines waiting your turn at the local gym? Do you want to get your reps in on a consistent basis along with your high school teammates? Come register your team in our first ever High School Volleyball League. For more information please contact John at 619-527-3434

**Cost:** 10 week season \$50.00/team

**Ages:** 14-18 years

**Season Starts** October 19

**Game times** -5:00pm, 6:30pm, 8:00pm



## POLYROBICS (#19351)

Come "hula" those pounds off with combined aerobics and Polynesian dance moves. Experience this unique workout by creator and renowned choreographer Kumu (teacher) Kiki Sotoa Solia! No experience necessary. Venga "hula" aquellas libras lejos con aeróbic combinado y pasos de baile polinesios. ¡Experimente esta prueba única por la creadora y (la profesora) del coreógrafo renombrado Kiki Sotoa Solia Kumu! Ninguna experiencia necesaria.

**Day/Dias:** Saturday/sabado 9:15am-10:15am

**Ages/edades:** 15 and older, 15 o mayor

**Cost/Costo:** FREE/GRATIS

**Instructor/Instructora:** Kiki

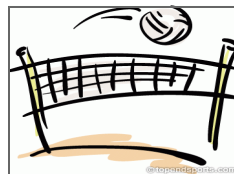


## OPEN PLAY VOLLEYBALL (1 court)

Open to all skill levels! Abierto a todos los niveles!

**Days/Dias:** Thursdays/jueves 6:00pm-8:45pm

**Cost/Costo:** FREE/GRATIS



## AEROBICS/KICKBOXING/AB BLASTERS

A COMBINATION of different aspects of working out and staying fit! Come get toned, burn calories, and improve your overall health with Frank! This class combines cardiovascular training and toning exercise for a total body workout. \$12.00 a month for workouts, 4 days a week! That's less than \$1.00 a day! Una combinación de diferentes aspectos del ejercicio y mantenerse en forma! Venga, a quemar calorías y mejorar su salud en general con Frank! Esta clase combina entrenamiento cardiovascular y tonificación ejercicios para un entrenamiento total del cuerpo. \$12.00 por mes durante los entrenamientos, 4 días a la semana! Eso es menos \$1.00 por día!

**Day/Dias:** Tuesday/Thursday 5:00-7:00pm; martes y jueves 5:00-7:00pm.

This section focuses primarily on the abs, core and lower back. It caters to all levels of fitness and works towards improving abdominal strength. Esta sección se concentra principalmente en los abs, corazón y parte inferior de la espalda. Satisface todos los niveles de condición física y trabaja para conseguir el mejoramiento de la fuerza abdominal.

**Day/Dias:** Wednesday/miércoles 5:00pm-7:00pm and Saturday/sabado 9:00am-12:00pm

**Cost/Costo:** \$12.00/month

**Ages/Edades—**15 and older/15 o mayor

**Instructor/Instructora:** Frank



**September 1– September 30** (#19356)

**October 1– October 31** (#19357)

**November 3—November 28** (#19358)

**December 1—December 31** (#19359)



# Special Events/Programs

## FREE LUNCH /SNACK PROGRAM

A free lunch is provided for youth 0-18 years old. *El almuerzo gratis se servira a menores edades 0-18 años*

**Days/Dias:** Monday-Friday; lunes-viernes

**Ages/Edades:** 0-18 years; 0-18 años

**Time:** Lunch 1:00pm-2:00pm

Snack 4:00pm-4:30pm



**Winter Session : December , Dates and times—TBA**



**Register for the Toys 4 Toys program starting :**

**October 3 through November 20. FREE!!**

**Monday-Friday 12:00pm—7:00pm**

**Saturday/Sunday 10:00am –3:00pm**

**Toy Distribution Date: December 12**



**Come and enjoy a pancake breakfast, arts and crafts,**

**enjoy holiday music and take a picture with Santa!**

**Date: December 12**

**Time: 8:00 am-11:00 am**

## COMMUNITY YARD SALE/VENTA COMUNITARIA

A community yard sale is held in the North Mt View parking lot just off of Ocean View Blvd.. Please contact staff for more information. Pay the day of the event. Parking lot opens at 6:00 a.m.

*Favor de llamar el centro para mas informacion.*

**Dates:** Saturday, January 9, 2016

Saturday, April 9, 2016

Saturday, July 9, 2016

**Cost/Costo:** \$10.00 per space;  
\$10.00 por espacio

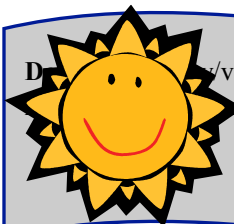


## Snow day

**Saturday, December 12, 2015 10:00am - 12:00pm**

Come out and join us for our annual SNOW DAY! Along with SNOW DAY, we will have arts and crafts, games, music, and more! únase con nosotros para celebrar “SNOW DAY” Tendremos “SNOW DAY”, artesanias, juegos, musica, y mucho mas!





D.../viernes 1:00 pm  
and older, 15 o mayor

# MOUNTAIN VIEW COMMUNITY CENTER

## GENERAL INFORMATION

### ONLINE REGISTRATION

You may register online for all contractual programs offered by the Recreation Council using the Online Activity Registration System.

**Log onto: [www.SDRecConnect.com](http://www.SDRecConnect.com)**

**Returning Customers (previously registered for classes online)** - Click the "My Account" button. Enter your Login (email) and password.

Log in with this password to activate your account

#### **First Time Online User:**

**New Accounts** – Click on the "Create Account" button. Fill out the New Account request form completely, Including all required fields (Birth date, gender, email address, etc.) and click submit. Please submit your request **ONLY** once. You will receive a conformation email at the email address that you provided. Please follow directions provided to activate account.

**\*Please Note: (For first time users only) Parents/Guardian MUST create their own account first using their information. Once you have created an online registration account, you will have an opportunity to add a child/children as a family member.**

### MEETING ROOMS, GYMNASIUM AND GAZEBO RENTALS AVAILABLE

Mt. View Community Center has four multipurpose rooms, a gymnasium and an outdoor gazebo. All permits are issued by the Recreation Center Director, who can be contacted at (619) 527-3417. Mt. View Community Center cuenta con cuatro salas polivalentes, un gimnasio y un gazebo al aire libre. Todos los permisos son emitidos por el Director del centro de recreación, que puede ser contactado al (619) 527-3417

**Permit requests can be processed on Wednesdays from 1:00pm-5:00pm or by phone appointment only!**

### VOLUNTEERS

*Instructors who would like to share their knowledge and passion are needed. Anyone interested in volunteering should*

### RECREATION COUNCIL

A citizen's advisory group made up of involved community members, meets at 6:30pm on the second Tuesday of each month. This group of concerned citizens, volunteer their time to advise the center's staff on programs and policy. Meetings are open to the public and your participation is welcomed. Please contact the office for more details.

### CONCILIO DE RECREACION

Un grupo de miembros de la comunidad y representantes de grupos que usan la facilidad se junta cada segundo martes del mes a las 6:30 pm. El grupo aconseja al personal de los programas ofrecidos a la comunidad y las reglas. Esta junta es para todos los interesados en su comunidad. Llame a la oficina para más detalles.

### IMPORTANT PHONE NUMBERS

Southcrest Recreation Center	(619) 527-3413
Willie Henderson Sports Complex	(619) 527-3407
Memorial Recreation Center	(619) 235-1125
Stockton Recreation Center	(619) 235-1163
Mt. Hope Cemetery	(619) 527-3400
(for Dennis V. Allen Park info)	
Animal Control	(619) 236-4250

### CLASS REGISTRATION PROCEDURE: PROCEDIMIENTO DE REGISTRO DE CLASE:

- All fees must be paid at the time of registration. Todas las cuotas deberán ser pagadas en el momento de la inscripción.
- Checks payable to "MT VIEW RECREATION COUNCIL" or exact amount of cash is accepted. Cheque pagadero a
- "MT VIEW RECREATION COUNCIL" o se acepta la cantidad exacta de dinero en efectivo.
- The recreation center **does not** provide change. El centro de recreación no proporciona el cambio.
- Classes, dates, and times are subject to change without notice. Las clases, las fechas, y tiempos son sujetas de cambiar sin el aviso.
- Classes cancelled due to instructor will be rescheduled. Las clases canceladas debido al instructor serán reprogramadas



**In the case of emergency, there is a public Automatic External Defibrillator located in the recreation center office !**

